



## Guidance for serving popcorn is here!

The USDA had approved home-made or plain varieties of commercially produced popcorn as a reimbursable GRAIN component at meal or snack. Popcorn is WHOLE GRAIN and can be check marked as WGR on your daily menu when the appropriate amount is served to children in the CACFP.

**To prevent the risk of choking, providers must consider children's developmental readiness and the ability to chew and swallow properly. Popcorn IS a choking hazard for young children and is not recommended for children under 4 years of age.**

Age 3-5: 1.5 Cups of popcorn = 1 Grain

Age 6-12: 3 Cups of popcorn = 1 Grain

## Want to know the amount or when your next payment will be sent?

Follow the steps below in KidKare to see the details

1. Log in to KidKare
2. Click on Food Program
3. Choose View Claims
4. Select a specific claim month
5. Paid detail shows the date and amount

## **Non-Wildwood Training Opportunity**

Fort Collins Partners in Child Care Association  
15<sup>th</sup> Annual Fall Conference

**Saturday, Sept 28, 2019 from 7:00a.m. - 3:30 p.m.**

Visit [www.fcpic.org](http://www.fcpic.org) for additional details.



## Crediting Combination Foods

When serving a mixed dish, you can credit some combination foods for a total of 3 components if a full serving of each food is included.

1. Meat/meat alternate
2. Grain/Bread
3. Vegetable/fruit (count only as one component)

To provide the correct amount, foods can be measured out and served to the child unassembled, then put together by the child, like tacos, sandwiches or burgers. A child can self-serve the bread, meat, and various vegetables to put together as they choose. This helps to build fine motor skills while also honoring children's freedom of choice. Other examples of mixed dishes are wraps, casseroles, soups, salads and pizza.



## **Tools & Resources from National CACFP**

[September Parent Connections Link](#)

[Community Helper Child Activities Link](#)

[Monthly Motivation Poster Link](#)

Visit [www.CACFP.org](http://www.CACFP.org) for more resources

## **Simple Fall Craft Ideas**



Paper Roll Apple Core

Fingerprint Tree

Don't forget leaf rubbings to show texture. Tracings, or collages made of natural items, like pinecones, acorns, and other seeds can help children learn about the change of seasons.

## Wildwood Sponsored Training Events

For a list of training workshop dates and locations, visit [www.wildwoodonline.org](http://www.wildwoodonline.org) and check the NEWS area for Upcoming Events.



## CLAIMS

## CORNER

We want you to receive the most money you can each month. Claims Corner has useful reminders and hints to help you do just that.

- As school resumes for students, please add start dates and/or school out dates to each child's calendar in KidKare.
- For prompt payment of your claim, your paperwork must reach our office by the 5<sup>th</sup> of each month. Late claims will be processed and paid with the next month because funds from the state are sent only once a month.

**\*The last day we can receive original July claims for processing is September 23, 2019.**

**\*The last day we can receive original August claims for processing is October 25, 2019.**

### Wyoming provider training deadline is here!

If you have not already done so, please complete your training by September 2019.

[Civil Rights Online Training 2019](#)

[Online Nutrition Training 2019](#)

[Online Program Training 2019](#)

Colorado training is due by December.

These links are for all Wildwood providers. Get your training done early to reduce stress later in the year.

### New Meal Patterns in Full-Force October 1

As of October 1, 2019, the training period for New Meal Patterns for CACFP ends and deductions will begin.

Just a reminder of some of the changes:

- Infants have only 2 groups (0-5 & 6-11 Months)
- Infants meals require only Iron-Fortified Formula or Breastmilk, solids are optional and included when a child is developmentally ready.
- Infants may have ready to eat breakfast cereal as a snack component (low-sugar varieties)
- Fruits and Vegetables area no longer combined as meal components.
- Ready to eat breakfast cereal: sugar is limited to 6 grams or less of sugar per dry ounce
- Yogurt sugar is limited to 23 grams of sugar per 6 ounces to be creditable
- At least 1 serving of grains per day must be Whole Grain Rich
- Grain-based desserts are no longer creditable (animal and graham crackers are allowable)
- Frying in oil is not allowed as a preparation method
- 100% Juice may only be served once per day
- Meat/Alternate may be served in place of grain at breakfast up to 3 days per week
- Flavored milk may only be served to children 6 and over (low-fat or fat free varieties only)
- No flavored milk for children 1-5 years old

### 2019-2020 Reimbursement Rates

Meal	Tier 1	Tier 2
Breakfast	\$1.33	\$0.48
Lunch/Dinner	\$2.49	\$1.50
Snack	\$0.74	\$0.20

Rates are effective July 1, 2019 through June 30, 2020

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