

Wildwood at home September 2016

800-223-0557 / 303-730-0460

www.wildwoodonline.org

President's Message

USDA has created quizzes so that you can see how much you know about each of the meal components. Try this fun quiz to see how much you know about the Dairy Component!

1. What important mineral is found in all foods in the Dairy Group?
a. Vitamin C b. Riboflavin c. Calcium d. Fiber
2. Milk is the only Food that contains Calcium.
a. True b. False
3. All products made from milk are part of the Dairy Group.
a. True b. False
4. How many cup-equivalents from foods in the Dairy Group are recommended for adults each day?
a. 1 cup b. 2 cups c. 3 cups d. 4 cups
5. Adults do not need foods from the Dairy Group, only growing children and athletes do.
a. True b. False
6. What type of milk is recommended for adults?
a. Fat-free (skim) b. Buttermilk (full fat) c. Reduced fat (2%) d. Whole milk
7. What type of milk is recommended for infants less than 6 months old?
a. Fat-free (skim) b. Low fat (1%) c. Reduced fat (2%) d. Whole milk
e. None of these milks are recommended
8. What is the name of the sugar found naturally in milk?
a. Fructose b. Lactose c. Glucose d. Sucrose
9. Which of these dairy products contains a healthy bacteria (also called "Probiotics")?
a. Milk b. Cheese c. Yogurt d. Ice cream
10. Which of these is a calcium option for people who are lactose intolerant?
a. Lactose-free milk b. Calcium-fortified soy milk c. Yogurt and some cheeses.
d. Kale and collard greens e. All of the above

The new meal pattern has been released and will go into effect **October 1, 2017**. We have a year to understand and implement the new rule. For a snap shot of what the changes are, go to <http://www.fns.usda.gov/cacfp/meals-and-snacks>. As we receive guidance from USDA and Colorado Department of Public Health and Environment, we will share the changes that we can make now.

Kati Wagner

Just a reminder... The last day that we can accept original June 2016 claims or upward revisions is:

September 22, 2016

Answers: 1=c, 2=b, 3=b, 4=c, 5=b, 6=a, 7=e, 8=b, 9=c, 10=e

Claims Corner

Many schools start in August. Please be sure to let us know whenever school is closed on every claim. School calendars are helpful to have in your file but they don't always give accurate information so it is best to tell us when school is closed or a school age child is staying home with you for any reason on every claim you submit.

We must have kindergarten information for every child that is kindergarten age, including the provider's own children. If you have not sent in a kindergarten form then we will have to call you for that information. If the child is no longer in care we can withdraw that child. We are looking for children's whose birthdates are between 9-1-2010 & 9-30-2011.

Please be sure that the "effective" date or parent signature "date" is in the correct month for either a new or updated enrollment form. We cannot go back & reimburse for a claim when a date is incorrect. Example: child is enrolled in August 2016 so the "effective date" or "parent signature date" should be in the month of August 2016.

Internet Providers: If you need for the office to enroll a child for you, please indicate this in your email.

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Wildwood would like to give special recognition to Paula Peirce from A Child's Choice. The Board of Directors of A Child's Choice has chosen to close the program. Paula will be continuing to work in the area of child nutrition.

Paula has always been a leader in our field. She always conducted her professional life with integrity and honor. As you all know, this is a complicated program. When I came to Wildwood seven years ago, Paula was quick to share her wealth of knowledge, experience and answer a lot of questions!

Paula – we wish you all the best and thank you for your support.

~ Wildwood Resources ~

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Wildwood Annual Provider Conference

September 10, 2016

Register at: www.wildwoodonline.org
Or by calling 303-730-0460

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