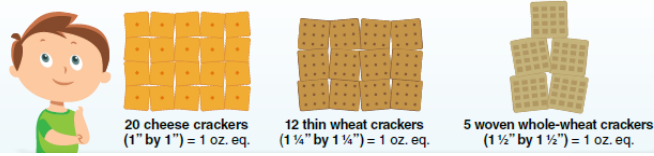


MORE information on Grain Component Crediting which changes October 1, 2021

How Much Is 1 Ounce Equivalent?



As we prepare to switch to grain ounce equivalents, Wildwood wants to ensure you have clear and accurate information to confidently serve bread, cereal, crackers and pasta is the required portion sizes without the need to weigh each food item.

Ounce equivalents measure the amount of grain (usually flour) in a food item rather than the total weight of all ingredients. This means that the portion size of some foods may change based on how much grain (flour) the item includes.

Cereal Comparison

A great example of a food that will be impacted by ounce equivalent portion sizes is ready to eat cereal. Some cereals are light and fluffy (puffed with air) while other cereals are dense or heavy. To provide a one ounce serving, cereals that are light and fluffy will require a larger serving than a cereal that is dense. Previously, all cereal portions were the same, regardless of the weight of the different type of cereals.



When using ounce equivalents, **Rice Crispies: 1 Oz grain = 1 1/4 Cup cereal.**



When using ounce equivalents, **Cheerios: 1 Oz grain = 1 Cup of cereal.**

Using this example, you can see how grain foods that contain more air will require a larger amount to serve a one-ounce portion.

The USDA has created some helpful tools to assist providers with the change to ounce equivalents, including a Grain Measuring Chart. Wildwood will open a new online training course Using Ounce Equivalents September 1st, 2021.

Update on Emergency Funding for Child Care Providers

Wildwood is working with our state agencies to ensure emergency funds are distributed as soon as possible to eligible providers. Providers who experienced a loss of CACFP Reimbursement during the months of March - June 2020 compared to March - June 2019 are earmarked to receive funds. You must be currently in business or will be back in business within 90 days of the end of the national health emergency to receive these funds. Please let us know if you want to opt out of receiving these funds. We will keep you posted!!



As children head back to school, please send the school calendar to Wildwood. This allows us to help tracks dates that children are out of school and in your care.

More Recycled Craft Ideas

Give the kids empty paper tubes to inspire fun, insect themed windsocks (with scrap paper and streamers).



Delicious WGR Banana-Blueberry Bread

3 over-ripe bananas, mashed	1 cup + 1 Tbsp Oats
1 cup granulated sugar	1 cup flour
1/2 cup vegetable oil	1/2 tsp Baking Soda
2 eggs	1 1/2 tsp baking powder
1Tbsp vanilla	1/2 tsp salt
3 Tbsp milk	
1/2 cup ground walnuts (optional)	
1/2 cup blueberries	

Preheat oven to 350 degrees and grease pan/s

Mix together bananas, sugar, oil and nuts. Add in eggs, vanilla and milk and stir well. Next, combine all remaining powdered ingredients and mix with wet ingredients until well blended. Pour mixture into grease pan(s). Finally, top with blueberries and gently poke them into the batter with your finger.

Depending on the size of pan, bake as directed.

1 large loaf pan = bake 45-60 minutes
 4 mini-loaf pans = bake 30-45 minutes
 8 micro loaf pans = 20-35 minutes

Makes 8 Servings (1 Ounce Equivalent Each)

1/8 Recipe Credits as 1 Grain for Age 6-18 or 1/2 Serving for Age 1-5



CORNER

CLAIMS

We want you to receive the most money possible each month. Claims Corner has useful reminders and hints to help you do just that.

- If you are open and providing care on Labor Day, please make a note to let Wildwood know that you are open on your calendar or menu notes.
- For any child who is eligible to attend school (5 year or older) Wildwood needs to know what school is attended, the hours, and whether the child will attend school in-person or virtually (online).

When school begins, be sure to mark "School Out" in KidKare on days when school-age children are in care to ensure their meals can be reimbursed.

***The last day we can receive original WY & CO July claims for processing is Sept 24, 2021.**

***The last day we can receive original WY & CO August claims for processing is October 23, 2021.**

Welcome to our newest providers!

If you're new to Wildwood or the food program, our dedicated team is here to help you understand the requirements of being reimbursed for meals served to the children in your care. We have a great website, filled with valuable resources and FREE Training for our providers. www.wildwoodonline.org
Wildwood has both a public Facebook page and a private Facebook Group to help us communicate with providers. Search for "Wildwood CACFP Provider Group" and request to join the group.

Training deadline is Sept 30, 2021

The 2021 training deadline has been adjusted to align Colorado and Wyoming home providers participating in the food program. Please complete the required training topics listed and linked below by September 30. If you prefer to do training off-line and have not received paper copies, please call the office so we can mail the training out right away. 303-730-0460

- [2021 Civil Rights Training](#)
- [2021 Program Training](#)
- [2021 Nutrition Training](#)

Topics required annually are Civil Rights, Nutrition, and Program (Professionalism) Training. All of these and more are available online at www.wildwoodonline.org.



Due to the extended national health emergency, Wildwood will be conducting "Virtual Visits". The virtual visit allows the monitor to "see" the meal being served, the children present, and to verify that paperwork is up to date. Although there will be a learning curve with this technology, our staff will work with you to determine the best option based on the type of device you have available. Two of the next three reviews for each provider will be done using a virtual platform. The USDA has extended the waiver for on-site reviews until 30 days after the end of the National Health Emergency.

DID YOU KNOW???

When serving green, leafy vegetables or vegetable soup (tomato soup for example) a double portion is required to meet the minimum serving size of vegetables.
At Lunch: Age 3-5 Vegetable = ¼ Cup (Leafy greens or soup = ½ Cup)
Age 6+ Vegetable – ½ Cup (Leafy greens or soup = 1 Cup)

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, Its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.