Wildwood at home November 2014 800-223-0557 / 303-730-0460 www.wildwoodonline.org

PRESIDENT'S MESSAGE

Fall in Colorado brings not only beautiful changes to the color of our trees, but also makes us think about warm and nourishing soups and stews to serve to our families and day care children alike. It is also a time to enjoy the fruits of the fall harvest. Take a moment to visit our website to check out some of the wonderful, nutritious, and easy recipes to make as our weather changes from warm to cold, and as we start to celebrate another wonderful Colorado winter. You'll not only find recipes for great soups and stews, you'll be inspired to find recipes to enjoy the abundance of apples and pumpkins we now have available. Check your creditable food guide to see how easy it is to enjoy these foods on the food program.

We would like to introduce you to our new southern program representative who is replacing Amy Geske. Casey Garnier is from Pueblo, and was a Wildwood childcare provider for years, which makes her well-versed in the daily challenges you face as a childcare provider. We are all excited to have her on board, and ask that you make her feel welcome when she comes to visit you.

Kati Wagner

For those who attended our 2014 Annual Child Care Provider Conference and have been patiently awaiting Sarah Delcourt's "Cooking: Healthy and Nutritious Alternatives" presentation:

It has arrived!

The presentation from Sarah Delcourt along with information on healthy cooking oils is now available on our website, www.wildwoodonline.org. You can find this under the "Healthy Eating" tab or go straight to:

www.wildwoodonline.org/cooking-alternatives.html

Also, if you have a question for Sarah, there is a Q&A section!





Everyone at Wildwood would like to wish a very **Happy Birthday** to the following providers with November birthdays:

Lydia Arguello, Karla Begano, Barbra Billings, Linda Blehm,
Alicia Brunetti, Cecilia Caballero, Karen Dowdell, Maria
Espinoza, Theresa Espinoza, Neva Jordan, Annette Kemming,
Donna Knowles, Melinda Kurgan, Stacy Leroux, Ana Lucero,
Rukhsana Nawaz, Patti Oglesby, Katy Olson, Lea Opitz, Jacki
Pacino, Tammy Paulson, Sheila Russell, Kimberly Sanger, Patricia
Sansom, Carolyn Shurtleff, Bonny Sirios, Tamera Steinman, Kerry
Stewart, Margaret Thompson, Tara Walters, Linda Williams,
Margaret Wrabetz, Marsha Youngdahl, and Barbara Zimmat

CLAIMS CORNER

If your license was due for renewal in October, Wildwood must have a copy of the license with the 2015 sticker attached before we can request funds to pay your claim. Please mail, email or fax a copy to the office. Watch for your continuation notice to arrive in the mail and act on it as soon as possible.

There is a little confusion about which enrollment form to use when you do the enrollment process on the computer. You should give the Enrollment Worksheet to the parent to complete. You would then enter the information from the Enrollment Worksheet into the computer. After you complete the enrollment process in the computer print the Child Enrollment Report. The parent signs & dates the Child Enrollment Report. You can then fax, email or mail the Child Enrollment Report to our office. When you update child enrollment forms you should use the Enrollment Renewal Report. Print out the Enrollment Renewal Report, have the parent make any changes on this report, then have the parent sign & date the report. The Enrollment Renewal Report is only to be used to update child enrollment forms when the previous form expires. The dating on these forms is critical so that you don't lose reimbursement.

Which of these foods is highest in sugar per serving? A. Dried Fruit B. Canned Fruit C. Ice Cream D. Jam.

If you guessed Dried Fruit you would be right. Other foods high in sugar are cola, frosted cereals and ketchup. Limit sugar to maintain a healthy diet and to maintain weight.

Holly is very excited that she has made the decision to retire at the end of this year. Holly has been with Wildwood for over 11 years with a short stint in between in Washington. It is with sadness for us and excitement for Holly that she moves onto a life without Wildwood! Ginny Clark, currently our Office Administrator, will be moving into the Processing Department October 1 to continue her training as a Coordinator. Please join me in congratulating Holly and welcoming Ginny!



Director of Processing

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Claims Coordinator

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Have you checked out the Wildwood Facebook? We have recipes, activities and some great information. Find us, like us and keep an eye on us. We will be running contests and you won't want to miss out! You can find our page at www.facebook.com/wildwoodcacfp

~ Wildwood Resources Update ~

Need some extra hours? It's now easier than ever to get all of your continuing education credits! Wildwood Resources is pleased to announce that our correspondence courses are now available as online training courses! Check out our updated store www.wildwoodonline.org/store
Go explore and let us know what you think!

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If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).