

Happy Mother's Day



Great ideas for Mother, Grandmother, or for someone very special. These will bring smiles to everyone's faces, and become a keepsake for sure.

Online Training

Wildwood offers several free online training courses. These are not only for the hours required for the food program, but they can be credited towards licensing hours. Wildwood will print commonly missed questions on different trainings and give you the correct answers.

- Nutrition Made Easy:** #8) Serving 2 different fruits at lunch or supper can take place of a vegetable component. This is **False**. A vegetable must be served. You can serve two different vegetables, but not two fruits.
- Autism: Understanding and Being Aware** #19) Learning the phonics of each alphabet letter may help a child with autism learn to read. This is **True**. When a child understands the sound of a letter it is easier for them to learn to read.
- Fun with Fitness:** #8) It is good to push children to compete in an activity or sport. This is **False**. You should allow children to develop physically at their own pace. Activities should be fun so children want to participate.
- Bullying-Recognize it Early and Stop it:** #2) The easiest form of bullying to recognize is physical. This is **True**. When you see unexplained bruising or marks on a child, it is necessary to investigate them.
- Bullying-Recognize it Early and Stop it:** #8) Racist bullying is always related to the color of a child's skin. This is **False**. Skin color is only one type of bullying. There is also verbal, social isolation and cyber bullying just to name a few.

Wildwood CACFP Newsletter – May 2022

CLAIMS

CORNER



We want you to receive the most money possible each month. Here are a few reminders and hints to help with this.

- Please, Please, Please, mark your Whole-Grain daily! We still have way too many deductions.
- Due to the recent recall on baby formula, please remember to let us know if you have to change the formula that you are serving the baby.
- Memorial Day is May 30th. If you are working you must let us know or the entire day will be deducted.

• **The last day** Wildwood can receive original CO & WY March claims for processing is May 24, 2022

• **The last day** Wildwood can receive original CO & WY April claims for processing is June 23, 2022

Provider Appreciation Day

May 6th, 2022

Thank You!



Cuties oranges with raisins for the eyes



Small red bell pepper, yellow tomatoes & celery



Green apple, grapes & raisins for eyes

Coming up with toddler lunch ideas for preschool, daycare, or just for taking on the go can be a challenge! How do you create lunchtime recipes for kids that are tasty, healthy, and that your kids will actually eat? These lunch ideas for toddlers will give you a quick and easy, go-to list of meals that are both delicious and nutritious. Once your kids have tried these incredible lunches, they will be eating healthy without even realizing it.

Wraps (which can be tortilla, lavash, or another very thin flatbread) something sticky to help hold it together (such as hummus, mayo, nut or seed butter, Nutella, or cream cheese)

Protein-rich fillings (such as sliced deli meat, cheese, chicken or tuna salad, and hummus) Produce (like thinly sliced cucumbers or lettuce, thinly sliced or diced fruit like strawberries, peaches or banana) Use whole wheat tortillas labeled "soft" for ones that will be easiest to eat. Wraps at room temperature or even very slightly warmed will be easier to roll than cold ones, which may firm up slightly. The combinations are endless.

Wraps would be considered a combination dish, so only count them as the bread, meat/or alternative meat and fruit or vegetable.

Just a reminder: Providers, please be sure to send all paperwork to: sue@wildwoodcacfp.org

Currently Wildwood is hiring Field Representatives in Colorado for the Northwest area, Northeast area and South-Central area. These are part-time positions. If interested, please call 303 730-0460 or email: savannah@wildwoodcacfp.org

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