PRESIDENT'S MESSAGE

The Wildwood office and feild staff convenes twice a year for "in-person" meetings. There are always a variety of topics, depending on what is new and different. This spring Becky Keigan, the Food Friends Program Coordinator, came to talk to all of us. She was fascinating! One of the topics Becky addressed was how important tummy time for infants is to their development. We conducted some further research (Web MD and Baby Center) and found the following information to be very informative. Please share with your parents that may be interested.

During tummy time, your baby lays on her belly to play while you supervise. Since your baby sleeps on her back to help prevent sudden infant death syndrome (SIDS), she needs to spend some of her awake time on her stomach to develop physically and mentally. Experts find that babies who don't spend time face-down often have some delays in their development of motor skills. "The experience of being on their tummy helps babies learn to push up, roll over, sit up, crawl, and pull to a stand," explains Danette Glassy, a pediatrician in Mercer Island, WA, and chairperson of the American Academy of Pediatrics' committee on early education and childcare.

Please visit out website for more information on "Tummy Time"

Our conference is scheduled for August 23, 2014 at the Calvary Baptist Church of Denver (just off of I-25 and Hampden Ave). We are very excited about the new venue and hope to see all of you there. We are in the process of lining up speakers and would like to hear of any suggestions you may have. You may let your program rep know or contact me at kati@wildwoodcacfp.org.

Our Program Audit is in full swing and will continue with home visits through August. The visits we have already completed have gone very well. We truly appreciate the high level of integrity that our Wildwood Providers maintain.

Hopefully, the snow is behind us now and we can focus on spending time outdoors – with gardens, hikes and playtime!





Everyone at Wildwood would like to wish a very **Happy Birthday** to the following providers with May birthdays:

Joyce Acheson, Christine Arbegast, Katee Barreras, Shauna Becker, Nancy Bensik, Laura Bloyd, Stacey Carpenter, Sharon Chaffey, Georgette Chavez, Debra Corban, Shawna Cordova, Samantha Crenshaw, Lindsay Crust, Pamela Cutshall, Susan Dickens, Arla Dolph, Amber Edwards, Wendy Espinosa, Amanda Faatz, Judy Flynn, Lesley Gorman, Phyllis Grotteland, Peggy Lou Halverson, Anna Marie Herrera, Janell Hovel, Linda King, Carrie Krjashew, Melanie Kunisch, Trena Magnusson, Mary Martinez, Vivian Merrill, Kathy Moberly, Kimberly Morlan, April Orndorff, Mary Riggs, Eve Rios, Sheri Roberts, Lajuanna Robinson, Janice Robison, Susan Rogers, Delilah Romero, Tammy Salazar, Lucy Scherr, Vickie Scholl, Jacqueline Slaugh, Jennifer Styles, Kelle Szumilas, Dolores Thompson-Small, Denise Uhlman, Gloria Urquizo, Jessica Vaughan, Dora Velasquez, Michelle Vickers, Monica Vigil, Karen Watters, Samantha Weeks, Jacquelyn Wentworth, Cynthia Wilmore, Rita Wright-Mulqueen

CLAIMS CORNER

If your license was due for renewal in April, Wildwood must have a copy of the license with the 2015 sticker attached before we can request funds to pay your claim. Please mail, email or fax a copy to the office. Watch for your continuation notice to arrive in the mail and act on it as soon as possible.

Nutri-Grain Bars of any kind are not creditable because the crust and filling ingredients are listed separately and it can't be determined if there is actually enough whole grain crust to count as the bread alternate. Other cereal bars may not be creditable (if crust and filling are listed separately). If you have any questions about a particular food please feel free to call your Claims Coordinator and we will be happy to research the food. This is from the Colorado Department of Public Health and Environment office.

Infant snacks: cannot have fruits, vegetables, IFIC, sweets of any kind. Please serve only the required food plus the formula or mother's milk. Bread or crackers provide texture for the infant. This will help the infant to prepare to be on the regular menu the day they turn a year old. Infants over 8 months old may have juice at snack but only two times per week please. Your good intentions may sometime cause deductions for the infant meal/snack.

Just a reminder: if you have trouble with using your iPhone or iPad then you should be going to your regular computer to enter menus/attendance. Try this first before contacting us to put menus in for you. Providers with mac computers can access Minute Menu by going to kids2go.mobi on Safari. This will allow you to record menus/attendance the same way you record on the iPhone or iPad.

<u>Celebrate in May:</u> Flower is Lilly of the Valley. May 1st is May Day, May 5th is Cinco de Mayo, May 11th is Mother's Day and Child Care Provider Day, and May 26th is Memorial Day.

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~ Wildwood Resources Update ~

We've re-designed our website and our store!

Now it's easier than ever to get all of your continuing education credits! Wildwood Resources is pleased to announce that our correspondence courses are now available as online training courses!

Check out our updated store www.wildwoodonline.org
Go explore and let us know what you think!



Have you checked out the Wildwood Facebook? We have recipes, activities and some great information. Find us, like us and keep an eye on us. We will be running contests and you won't want to miss out! You can find our page at www.facebook.com/wildwoodcacfp

The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs, the first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for applicants and recipients of the Child Nutrition Programs.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish)