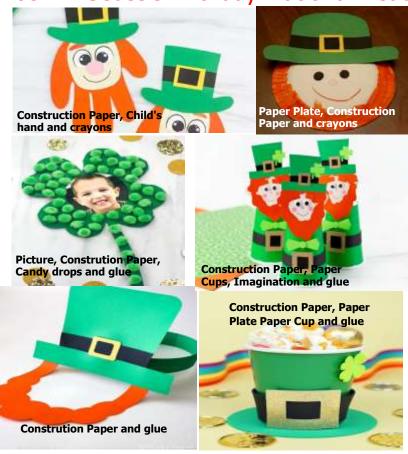
Wildwood CACFP Newsletter - March 2022

Happy St. Patrick's Day







Want to keep the children busy and proud? Let them make these easy St. Patrick's Day Crafts and watch the smiles on their faces.



CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in childcare centers, homes, and after school programs as well as adults in day care.

Community The CACFP community works to ensure that all children have access to healthy foods. Share CACEP Week on social media and out in your community.

awareness of how the can do to promote the CACFP and advocate with a press release, a letter to congress, and a request for proclamation.

Children Children receive healthy and nutritious meals

through the CACFP. Educate children and parents about the CACFP with these fun activities and communication tools

This is **True.**

children learn healthy eating breakfast is the most important meal of the day and learn some tips for getting kids to try new foods.

Participate

thousands of people participate in the **CACFP** administering the program or caring for children and adults. Show your appreciation to all of those who work with CACFP every day.

Online Training

Wildwood offers several free online training courses. These can be credited for licensing and the food program requirements. Wildwood will print commonly missed questions and give you the correct answers.

Nutrition Made Easy: You can serve a double portion of the same vegetable at lunch/supper and count it as 2 vegetables as long as the quantity is there. This is **False.** You must serve 2 different vegetables or a fruit and vegetable.

Nutrition Made Easy: Non-grain-based flours are creditable with or without being whole grain or enriched, such as tapioca, potato and vegetable flours. This is **False.** Vegetable flours are not grains so they would not be creditable.

Using Ounce Equivalents: Ounce equivalents tell you the amount of grain in a portion of food. This is **True.** Using Ounce Equivalents: Ounce equivalents is basically a new way to measure grain food components.

Developing Colorful Eating Habits: Kiwi fruit skins are an excellent source of fiber and vitamin C. This is True.

Changing Behaviors: If a child seems to have trouble every day, throws fits and can't be calmed, he needs to sit in "time out" until he overcomes his difficulties. This is **False.** If a caregiver knows this is continuous behavior she

should try and avoid the trigger. If that doesn't work the child should be warned of a consequence so he knows what to expect. Awareness **Food Program** Together we can raise Hundreds of The CACFP helps CACFP works to combat hunger. Learn what you habits. Find out why

March 13th Begins Daylight Saving Time

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COLORADO NEW INFANT GUIDELINES

• Serving sizes listed in the meal pattern begin with zero (0) because the USDA recognizes that not all infants are developmentally ready to eat solid foods at a specific age. Zero does not mean serving the food is optional. Once an infant has been regularly eating a specific solid food/component, they need to continue receiving the component regularly to be reimbursable.

For example:

- At breakfast, a nine-month-old infant has been regularly receiving 6 fluid ounces of breastmilk, 4
 ounces of yogurt, and 2 tablespoons of peaches. Once these foods have been introduced/served to the infant, menus and
 production records must show/indicate/reflect that breastmilk, IFIC/yogurt or a fruit or vegetable was offered at each
 meal.
- When reviewing menus, if there is a single day within a week that is missing breastmilk, IFIC/yogurt or a fruit or vegetable, the breakfast would not be creditable.
- A meal or snack with just breast milk would not be creditable in this infant's situation.

Reminders

- Medical conditions supported by a Special Diet Statement allows typically non-creditable meals to be creditable.
- If Infants are fed on demand, components for a meal/snack may be spread out throughout the day.
- The CACFP infant meal pattern includes food components and amounts that must be offered to the infant for a meal or snack to be reimbursable under the CACFP. The infant does not have to eat all the food offered in order for the meal or snack to be reimbursed.
 - The last day Wildwood can receive original CO & WY January claims for processing is March 25, 2022
 - The last day Wildwood can receive original CO & WY February claims for processing is April 22, 2022

Colorado Only Licensing Waiver until Further Notice

Experience License chart for 18 months and under (change from 24 months)

Unique conditions:

Must Meet 1 of these options. Includes own children under 10

	Birth to School Age	Under 2	Additional School Age
Option 1	5	4 (2 under 18 mos	s) 2
Option 2	6	3 (2 under 18 mos	s) 3
Option 3	8	2 (2 under 18 mos	s) 0
Option 4	7	2 (2 under 18 mos	s) 2
Option 5	1 extra child above Regular License Capacity for 8 weeks a year		
Option 6	1 extra child above Regular License Capacity for 2 hours a day		

Take the CACFP Week Social Media Challenge!

How Do You CACFP Snack?

Take part in a Social Media Challenge to be featured on this page and for a chance to win \$100! Simply post your #CACFPCreditable snack on Facebook, Twitter or Instagram with the hashtags #NCASnack and #CACFP Week, and tag the @NationalCACFP account. The post with the most likes, shares or retweets by March 19 will win \$100.



Another Reminder:

When recording your whole grain foods in KidKare make sure the toggle is Blue.

Spring Break is just around the corner. Be sure to mark children who are out of school, or make a note on your manual claims.

The FDA has issued a Public Health Advisory for certain Similac brand or Elecare powdered infant formulas due to Salmonella and Cronobacter complaints. More information is available at: FDA Investigation of Cronobacte and Salmonella Complaints: Powdered Infant Formula (February 2022) | FDA