

WILDWOOD *at home* MARCH 2014

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www.wildwoodonline.org

PRESIDENT'S MESSAGE

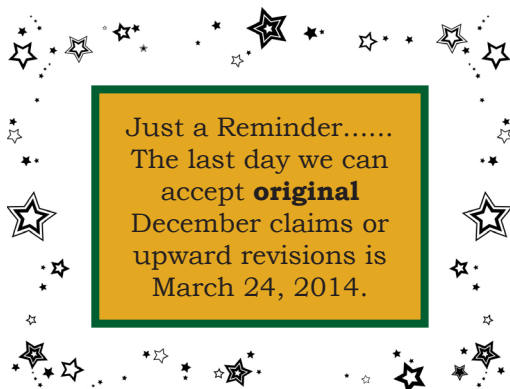
At our Provider Conference last August, Caree Jackson, from the Center for Disease Control, introduced us to Lets Move! Child Care. Let's Move! Child Care (LMCC) is an effort to promote children's health by encouraging and supporting healthier physical activity and nutrition practices for children in all child care settings. The process consisted of going onto the website, <http://www.healthykidshealthyfuture.org>, taking the initial quiz and developing an action plan. After the plan was implemented, you were asked to take the quiz again. When all of the best practices were met you were recognized on the Healthy Kids Healthy Future website. It is an excellent way to let parents know what model care you are taking with their children! The challenge was put forward at the conference – Everyone who completed the process and was recognized by CDC would be entered into a drawing for a tablet or a television. I am pleased to announce the winner – Kathy Ohlerking. Kathy has been a provider since 1993! You can still go to the LMCC website listed above to complete this process. It will help set you apart from other providers.

Coming to a computer near you – our new and improved website! We are in the final stages of redesigning our website which will be much more user friendly. You will be able to easily find recipes by category such as meal, time to prepare, vegan, vegetarian, etc. You will also be able to quickly find upcoming events and our online store. The store will still have the Wildwood business tools that you love, available for shipping. We are also introducing a new line of digital materials that you can buy and download. For example, our Universal Precautions training course can be purchased, the course downloaded, your test taken online, and your certificate will be emailed to you. This will reduce the turnaround time significantly and there will be less paper! So keep your eyes peeled – and we will let you know as soon as the redesign is completed!

With spring almost here, it is a great time to talk to the children about planting a garden. You can plan where it is going to go, what you are going to plant and layout all the steps involved in creating a terrific experience for everyone. Watch for details in the next newsletter and on Facebook for a Garden Contest!



Kati Wagner



Everyone at Wildwood would like to wish a very **Happy Birthday** to the following providers with March birthdays:

Dianne Adkins, Izella Antener, Margaret Bakka, Patricia Bates, Sherilyn Bidinger, Michele Bogue-Grady, Mary Bullock, Rayna Carrillo, Nancy Cary, Cynthia Cox, Tina Craig, Robin Dudley-Niceta, Judith Eggleston, Karrie Fahrenbruch, Connie Farrell, Kellie Gallegos, Judy Garcia, Sharon Garcia, Robyn Geisick, Nina Greenfield, Lora Grippin, Sebrina Havens, Carol Higgason, Aleacia Hinds, Christine Hurley, Debbie Isham, Susan Jackman, Lula Jeffries, Gerilynn Kennington, Anthea King, Laura King, Emma Knapp, Judalon Krakowski, Cindy Larson, Carolyn Lyttle, Marla Manzaneres-Hoffman, Crystal McCasland, Luz McPeek, Cheryl-Lynne Newman, Camille Perrin, Ollene Phelps, Margaret Rembao, Jennifer Renteria, Cynthia Rivera, Julie Robb, Jill Rogers, Autumn Seidling, Patricia Simmons, Sharon Stackhouse, Robin Stene, Gladys Strughold, Carrie Taylor, Lacey Tixier, Lauri Tucker, Nancy Tuel, Cournee Vashus, Eloveida Velasquez, Donna Welborn, Cindy Whitaker, Jewel Williams

CLAIMS CORNER

TIPS FOR ALL:

If your license was due for renewal in February, Wildwood must have a copy of the license with the 2015 sticker attached before we can request funds to pay your claim. Please mail, email or fax a copy to the office. Watch for your continuation notice to arrive in the mail and act on it as soon as possible.

Fun Facts about March: March 3, 1789 The Constitution of the United States went into effect. March 7, 1933 the board game Monopoly was invented. March 12, 1789 The U.S. Post office was established. March 17, 1845 the rubber band was invented. March 24, 1898 the first automobile was sold. March 26, 1953 Dr. Jonas Salk announced the discovery of a new vaccine that would prevent polio. March 29, 1886 Coco-Cola was invented.

Dried cranberries or any dried fruit: Must be served with another fruit, vegetable or juice at breakfast and snacks. If dried cranberries have sugar as the first ingredient then they can't be served at all. Dried fruit would include prunes, apricots, apples, raisins, cranberries. Banana chips are not creditable but you can dry your own banana slices but they would need to be served with another fruit, veg or juice at breakfast or snack. Please refer to page 24 of the Creditable Foods Guide rev. 2012.

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Wildwood Resources Update

Now it's easier than ever to get all of your continuing education credits! Wildwood Resources is pleased to announce that our correspondence courses are now available as online courses! Call (303-730-0460) or email (orders@wildwoodcacfp.org) for ordering information.



Wildwood is now on Facebook! We have recipes, activities and some great information. Find us, like us and keep an eye on us. We will be running contests and you won't want to miss out! You can find our page at www.facebook.com/wildwoodcacfp

Have you completed your Let's Move Child Care! action plan? Here is the link to the website that will get you started: it's quick, easy and fun!

www.healthykidshealthyfuture.org/home/startearly/howtosignup.html

Here you will sign up and take a quick quiz that will help you create an action plan to get your daycare children up and moving. We are here to help you along the way, so feel free to call us with any questions.

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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