



Happy Father's Day

to all the special men in our lives

Walk beside me, Daddy
And hold my little hand.
I have so many things to learn
That I don't understand.

Teach me things to keep me safe
From dangers every day.
Show me how to do my best
At home, at school, at play.

Every child needs a gentle hand
To guide them as they grow.
So walk beside me, Daddy
We have a long way to go.

Father's Day Craft Activities



Additional Training Available

A NEW training course is now available online. **Understanding Food Labels** is a 2 Hour Nutrition course available for Wildwood Providers. Program Representatives will bring paper copies of this new course to visits May through August.

Tools & Resources from CACFP Community Helpers Calendar

[Father's Day Activity Page Link](#)

[June Parent Connections Link](#)

[June Motivational Poster Link](#)

[Community Helper Child Activities Link](#)

Let us know if you'd like to sign-up to receive these links by email each month.

Mealtime Best Practices

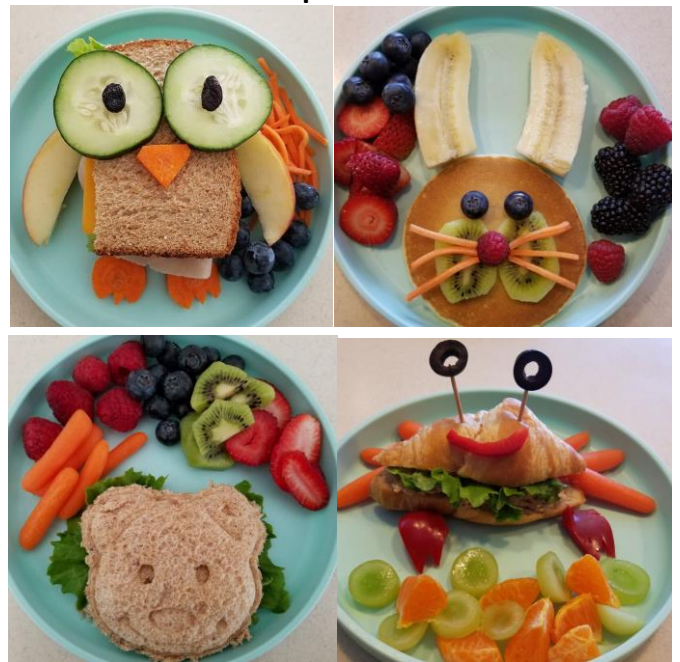
Mealtime is an important opportunity to talk about the foods that are served/offered, what food group they come from, what color, shape, texture they are, and about listening to the cues our bodies give us. It is a good idea to allow children to stop eating when they feel full or satisfied. Being part of the "Clean Plate Club" is a thing of the past.

Role of Responsibility at Mealtime:

Adults Decide:	What food is served Where food is served When food is served
Children Decide:	What to eat (from the options offered to them) How much to eat (from what is served/offered)

Summer is great time to plant some vegetable with your group. Children love to watch food grow and makes a natural science lesson every day of the week. Children can help plant, water, and harvest the fruits of the garden.

Healthy & Fun Food Ideas From Wildwood provider Elisa Leialoha



To see more of Elisa's ideas follow "Little Treasures Daycare – Preschool in a home setting" on Facebook



CLAIMS

CORNER

We want you to receive the most money you can each month. Claims Corner has useful reminders and hints to help you do just that.

- A new infant feeding guide has been released by the USDA. Our team is currently reviewing this information. We will release highlights and provide training on this topic over the next year.
- CORRECTION: Only for Colorado providers...HUMMUS must be home-made. Commercially produced (store bought) hummus is not creditable. This is not the case for our Wyoming providers.
- Just a reminder that children over 2 years of age must have 1% or Fat-Free (skim) milk. 2% milk is not allowed on the food program. Whole milk is served to children from 1-2 years of age.

The last day we can receive original April claims for processing is June 25, 2019.

The last day we can receive original May claims for processing is July 25, 2019.

For prompt processing, please ensure your claim reaches our office by the 5th of each month. Claims received after the 5th will be processed and paid with the following month because we can only request funds from the state once per month.

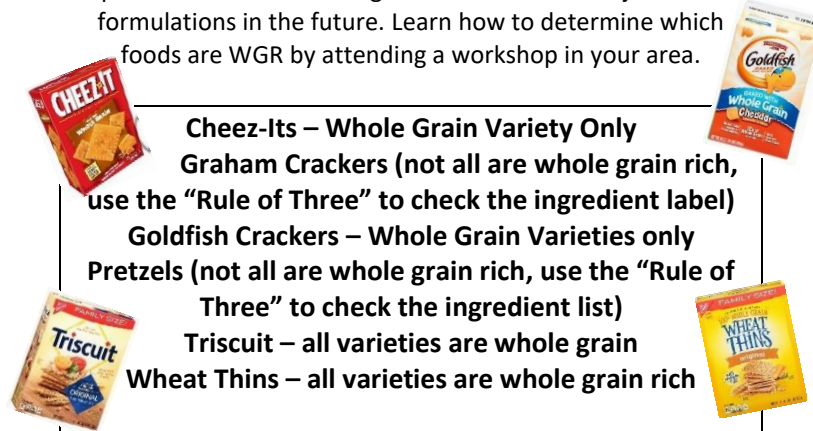
Wildwood Staff Update:

Cindy Caraway, Field Representative for Adams, Boulder, Broomfield, Denver and Jefferson counties in Colorado has taken a leave of absence from May-August 2019. In her absence, several Wildwood staff members will be filling in to do site visits for these providers. To ease the stress of having a new person in your home, every effort will be made to have these visits be announced during this time period.

Whole Grain Snack/Cracker Options

You asked, so we'll answer! We are pleased to provide a partial list of snack crackers that currently qualify for as Whole Grain Rich requirement of the New Meal Pattern.

Note: Product formulations change often, so this list is not permanent and will change as manufacturers adjust their formulations in the future. Learn how to determine which foods are WGR by attending a workshop in your area.



Cheez-Its – Whole Grain Variety Only
Graham Crackers (not all are whole grain rich, use the “Rule of Three” to check the ingredient label)
Goldfish Crackers – Whole Grain Varieties only
Pretzels (not all are whole grain rich, use the “Rule of Three” to check the ingredient list)
Triscuit – all varieties are whole grain
Wheat Thins – all varieties are whole grain rich

*Additionally, grain foods served in school programs are specially formulated to meet the whole grain rich requirements of the National School Breakfast Program, and they may not be the same as similar name-brand versions available to consumers in retail stores.

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