

Wildwood – June 2017

800-223-0557 / 303-730-0460

www.wildwoodonline.org

President's Message

Wildwood Annual Provider Conference, July 29, 2017

Register at: www.wildwoodonline.org

Register now-early bird rate expires June 30th!

Packing a safe, healthy picnic can be challenging but don't let that stop you from experiencing the joy of eating outdoors. Just follow these simple suggestions to make preparing and eating outside both safe and fun. Prepare a variety of fruits and vegetables to take on your picnic. An assortment of colorful, prepared produce is a healthy alternative to chips and other snack foods high in fat and salt. Wash, trim, peel and slice vegetables and pack them in resealable baggies.

Sandwiches can be made ahead and packed in small baggies. Choose sandwich fillings that stay safe longer in warm weather such as nut spreads and avoid highly perishable foods such as egg salad and lunch meat. A healthy lunch can be made with cheese and crackers as the base. Hard cheeses such as Cheddar, Colby and Swiss are safe without refrigeration; however, they are best kept in the cooler if the day is warm. For a vegetarian sandwich, layer roasted vegetables with homemade hummus. This combination works especially well in a pita pocket or on a flour tortilla as a wrap.

Nutritious picnic snacks that do not need to be kept cold include: raisins and other dried fruit, whole grain crackers, whole grain mini muffins, pretzels, roasted chick peas, nuts and cereal/trail mixes. For a healthy, simple homemade trail mix, combine raisins, nuts, seeds and a low-sugar cereal such as plain Cheerios.

Plenty of cold water should be available at a picnic and milk can also be served when it is packed in lots of ice and kept cold until poured. Alternatively, shelf stable milk is a good choice if keeping food cold might be an issue.

If two coolers are available, pack one with less perishable items such as water, fruit and raw vegetables. This cooler can be opened more frequently without worrying about raising food temperatures, leading to food-borne illnesses. Both coolers should be packed with plenty of ice or ice packs. A full cooler will maintain its cold temperature longer than a partially full cooler. Transport the coolers in the passenger section of the car rather than the hot trunk, if possible. When you arrive at your destination take the coolers out of the car and put them in a shady place.

Keep in mind that perishable foods left out of refrigeration for over two hours (or over one hour when the temperature is above 90°F), are not safe and should be tossed out. Pack two bags, one for trash and one for recycle. Pack a clean tablecloth to eat on. It can be thrown over a picnic table, or spread out on the ground. Pack hand wipes or hand sanitizer if there will be no soap and water for you and the children to wash up in before eating.

(by Catherine Staff at Roundtable CCFP)

Kati Wagner

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The last day that we can
accept original February
claims or upward
revisions is
June 23, 2017

Claims Corner

Claims are due in the office by the 5th of the month.

It's getting closer to the end of the school year. Be sure to let us know when your school is closing for summer break and all other school closures. You can write notes on the Claim Information Form (manual & scan claimers) or put a check mark in the school out column (internet claimers).

New infant meal pattern hasn't gone into effect yet so please use the old guidelines when feeding your infant. We are awaiting guidelines from our state agency.

Please write the kind of cracker that you serve. There will be some crackers that are not creditable after Oct. 1, 2017 (graham, animal, & other sweet type crackers).

Internet Claimers: Be sure to check your error reports every month so that children will not fall off your roster. At the bottom you will see when enrollment forms are expiring. If you have Internet issues and cannot enter your meals and attendance, call the office that night and leave a message. We will call you the next day to get the information and will enter your data for you.

Good numbers to know:

Emergency Phone Numbers

Poison Control	(303) 739-1123
Immunization Line	(303) 692-2650
Child Protective Services	(720) 944-3000
Ask a Nurse	(303) 777-6877
Help Lines – Counseling	(303) 695-7996
Police Station	(303) 370-1500
CO Dept of Human Services	(303) 866-5958
Food Assistant	(720) 944-3666
Medication Administration	(303) 339-6800
Safe Sleep	(303) 339-6822



Director of Processing

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Claims Coordinator

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~ Wildwood Resources ~

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If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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