



Wildwood offices will be closed Monday, July 4th.

Fun in the Sun

With jump ropes, hula-hoops, squirt bottles, sidewalk chalk, nature walks, water-balloons and a little imagination, there are SO many opportunities to get outside and enjoy the fresh air and warm weather. Get creative and ask the children what kind of summer activities they want to try. Make a schedule with the kids to plan one fun and different activity each day of the week to give them something to look forward to when they arrive in the morning. Encourage the big kids to read to or help the little ones (with supervision of course) whenever possible to make your load a little lighter.



Use the scavenger hunt idea below and create a list of items that could be found in your own backyard: a dandelion, dragonfly, bumblebee, acorn, feather, etc..

SUMMER SCAVENGER HUNT

<input type="checkbox"/> SOMETHING FROZEN	<input type="checkbox"/> ICE CUBES	
<input type="checkbox"/> BEACHBALL	<input type="checkbox"/> UMBRELLA	
<input type="checkbox"/> FLIP-FLOPS	<input type="checkbox"/> A BEACH CHAIR	
<input type="checkbox"/> A RAINBOW	<input type="checkbox"/> A FEATHER	
<input type="checkbox"/> 3 DIFFERENT SHELLS	<input type="checkbox"/> A SAND PAIL	
<input type="checkbox"/> LIFEGUARD TOWER	<input type="checkbox"/> SAND CASTLE	
<input type="checkbox"/> 2 SEAGULLS	<input type="checkbox"/> SUNGLASSES	
<input type="checkbox"/> SEAWEED	<input type="checkbox"/> YELLOW TOWEL	
<input type="checkbox"/> SOMETHING RED	<input type="checkbox"/> A FRISBEE	
<input type="checkbox"/> BLUE SWIMSUIT	<input type="checkbox"/> A DOG	
<input type="checkbox"/> A COOLER	<input type="checkbox"/> SWIM FLOAT	

SOMETHING WITH WHEELS
 A CLOUD SHAPED LIKE AN ANIMAL

BONUS! WRITE YOUR NAME IN THE SAND



The Truth About Food Pouches

While food pouches meet a need for convenient, shelf-stable food options, there is growing concern about the long-term impact of serving pureed food past the usual transition to table foods. Food pouches are a recent trend in the marketplace and provide quick, on-the-go food for young children. Children can easily suck the puree from the pouch, using similar mouth and tongue movements as breast or bottle feeding.

Aspects that parents/caregivers may not realize are that pouches oversimplify the eating process, limit children's exposure to new textures (which promotes developmentally appropriate oral skills), and extend the use of pureed foods beyond the usual age for baby food. Transitioning to table food is an important developmental milestone for infants and toddlers, with a particular window of opportunity between 6 and 18 months of age. Spoon feeding by an adult and self-feeding of finger foods encourage the child's lips and tongue to develop different muscles. Self-feeding also builds hand-eye coordination and development of the pincer grasp, (thumb and first finger coming together on an object).



The American Academy of Pediatrics recommends that babies be on table foods similar to what their family eats by 12 months. Limiting exposure to finger foods may delay a child's fine motor development and speech acquisition. Additionally, low nutritional intake and increased picky eating behaviors may result from a lack of age-appropriate feeding.

The choking factor related to food pouches is another concern that parents may not be aware of. Children should never be given any type of food while buckled in a car seat, which is exactly when busy parents tend to use the handy pouches. Additionally, the covers of the pouches are the perfect size to block the airway and pose a choking hazard for young children.

If parents or caregivers choose to use food pouches, they are encouraged to educate themselves on the risks and long-term effects on children. Check the ingredient label for added sugars, and provide the appropriate serving size for the age of the child. Although there's nothing wrong with using the pouches occasionally, pediatricians are concerned that parents might become too reliant on them.



CLAIMS

CORNER

We want you to receive the most money possible each month. Claims Corner has useful reminders and hints to help you do just that.

- When providing care on a holiday, when most programs are closed, please add a note to your claim to let Wildwood know you were open.
- Kindergarten forms for the 2022-2023 school year are available to download on Wildwood's website. For any child who is eligible to attend school (5 years or older) Wildwood needs to

know which school is attended and whether the child will attend school in-person or virtually (online). If an eligible child will not be attending school, that information is used to ensure the provider is reimbursed for meals served during the school day.

Note: Wildwood does not need school information for Preschool-age children.

***The last day we can receive original WY & CO May claims for processing is July 22, 2022.**

***The last day we can receive original WY & CO June claims for processing is August 23, 2022.**

Welcome two new Wildwood Staff

Courtney Casper is a new Field Representative serving home providers in the following counties of Wyoming: Big Horn, Washakie, Hot Springs, Fremont, Sweetwater, Uinta, Lincoln, Sublette, Teton, and Park.

Kathy Rogers is providing administrative support in the Centennial, Colorado office.

Updated reimbursement rates from USDA have not been released yet. Wildwood will share the 2022-2023 rates as soon as they are available.

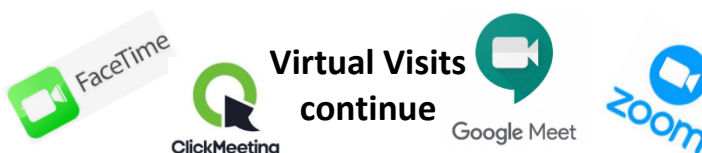
This institution is an equal opportunity provider.

Tier 1 Rate Expires June 30, 2022

All licensed home providers participating in the Child and Adult Care Food Program received Tier 1 reimbursement rates for enrolled children (with the exception of the provider's own) beginning July 1, 2021.

The USDA waiver for Tier 1 reimbursement expires June 30, 2022. Moving forward, to qualify for Tier 1 rates, providers must qualify by income or reside in an area where school data or US Census indicates predominantly low-income status.

School and Census data are being reviewed for each provider. Providers who will see a status change will be notified in July.



Due to the extended national health emergency, Wildwood will continue to use virtual visits in place of in-person home reviews. The virtual visit allows the monitor to "see" the meal being served, the children present, and that paperwork is up to date. In rare instances when technology is not available, Wildwood has the option to do a telephone or porch review.

As part of the review process, providers will be asked to submit supporting documentation like Sign-In sheets, meal attendance records, and menus, for verification and reconciliation of meals claimed.

2022 Training deadline is approaching

Please complete Civil Rights, Nutrition, and Program training courses by September. If you prefer to do the training on paper and have not received paper copies, please call the office and we'll mail them out right away. 303-730-0460

Topics required annually are Civil Rights, Nutrition, and Program Training. All of these and more are available online at www.wildwoodonline.org under the CACFP heading.

FREE ONLINE TRAINING PASSWORD: milk2014