

Wildwood *at home* December 2016

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www.wildwoodonline.org

President's Message

The new meal pattern will be implemented October 1, 2017. Some of the changes, though not required, can be made now. Read on and see what some of the changes are and if you would like to implement them now. Reimbursement will not be affected until 10/1/17.

Milk Updates

- The change from whole milk to low-fat or fat free milk can be a challenging transition for a child turning 2 years old. You now have a one month transition period to help with this change.
- For example: Children 24-25 months can be offered whole milk or 2% milk and still be claimed for reimbursement. Once the child turns 25 months, you must offer low-fat or fat-free milk.
- Flavored milks can only be served to children ages over 6 years and to adults in adult daycare.
- Children 5 years and younger must only be served unflavored milks. Flavored powders, syrups and pre-mixed flavors cannot be added to the milk.

Water, Water, Water!

Most of us could use a little more water every day. To make this happen, the new meal patterns require the following:

- Make drinkable water available to children throughout the day.
- For younger children, or non-verbal participants who are unable to ask for water themselves, it's important to ask often if they would like water to drink.

Water can be on the table during the meal as long as it is not served in place of milk.

Whole Grains: Get the healthy scoop beyond the cereal bowl

For the past two years, Colorado has required you to serve at least one whole grain a day. To make sure you are meeting this rule, double check your menus to ensure you have at least one whole grain per day.

Please keep in mind, if you only serve one meal per day which requires a bread/bread alternate (breakfast* or lunch/supper), that meal must include a whole grain. If your program serves snack only, and a bread/bread alternate is one of the two required components, it must be whole grain.

*If your breakfast is substituting the meat/meat alternate for the bread/bread alternate, the whole grain requirement would not apply.

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Just a Reminder... The last day that we can accept **original** September claims or upward revisions is December 22, 2016.

Claims Corner

With the holidays coming up please remember that when you serve cranberries it must be homemade cranberry sauce or canned whole fruit cranberry sauce which must be documented on your claim.

Don't forget to let us know about all school closures or mark the school out column if you claim on the internet. We also need to know if you did daycare on Thanksgiving or Christmas Day or New Year's Day.

Providers who use the Scan Forms, please do not write in the shaded columns or across bubbles that are not for attendance. This will cause the meal to be disallowed. Don't staple the Scan Forms together. This will cause the scanner to jam. Be sure to bubble the bubbles completely, especially the middle of the bubble.

Claims are due in the office by the 5th of each month.

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The new meal pattern was released and went into effect October 1, 2017. We have a year to understand and implement the new rule. For a snap shot of what the changes are, go to

www.fns.usda.gov/cacfp/meals-and-snacks.

As we receive guidance from USDA and Colorado Department of Public Health and Environment, we will share the changes that we can make now.

~ Wildwood Resources ~

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