

## CN Labeling

From the CHPHE's Creditable Foods Guide for Child Care Centers and Family Day Care Homes:  
"CN (Child Nutrition) labeling is a voluntary federal labeling program for food manufacturers regulated by the United State Department of Agriculture (USDA). The CN label allows manufacturers to state a product's contribution to the Child and Adult Care Food Program meal pattern requirements on its label. CN labeled products are not usually found in grocery stores, but are found at larger food retailers where food products are purchased in bulk".

Commercially processed foods such as ravioli, chili, spaghetti with meat sauce, beef stew, pizza, chicken nuggets and pot pies may not count as a meat/meat alternate unless one of the following applies:

- Extra cheese or meat is added.
- The product is CN labeled.
- A product analysis sheet signed by an official (not a sales person) of the manufacturer, stating the amount of cooked lean meat/meat alternate per serving is on file.
- Documentation verifying that the product contains the required amount of lean meat is on file.

Here is an example of a CN label:

