

August is Breastfeeding Month



Reminder: Providers CAN be reimbursed for infant meals when breast milk is supplied by parents.

Simple Activities for HOT summer days

Paint with Water

Give children paint brushes and a cup/bowl of water or small squirt bottles. Next, ask the children to draw on or paint the sidewalk, picnic table, or other items with water to see the color change. See if children can paint the item before the water dries and the color changes back.



Sidewalk Chalk

Adults write/draw activity instructions in chalk for children to follow. Don't forget Hopscotch! Children create self-portraits, practice writing letters & numbers, or draw their favorite animals. Helpful Tip: Wet the surface before using chalk to create more vivid colors that last longer and don't rub off as easily.



Make Bubbles with straws, whisks, string or other items



for step-by-step instructions visit www.serving-pink-lemonade.com

HOT Days need COOL Food Ideas

When the temperature is rising, remember to serve some classic summer favorites to stay cool:

Potato salad
Tuna Salad
Frozen Fruits
Sandwiches

Cold Pasta Salad
Chicken Salad
Fresh Veggies
Picnic Style Lunch



These fresh and fun summer meal and snack ideas are from Little Treasures Daycare. Look them up on Facebook to see more photos & activity ideas.



Lunch: Whole grain bread, tuna salad, kiwi, blueberries, carrots, lettuce, tomato, and olives (Variety galore!)

Snack: Zucchini, cherry tomatoes, edamame, and Blueberries (What a creative snack idea!)

Tools & Resources from CACFP Calendar

[August Activity Page Link](#)

[August Parent Connections Link](#)

[Community Helper Child Activities Link](#)

[Monthly Motivation Poster Link](#)

Wyoming provider training deadline approaching

Each year providers receive training on Civil Rights, Nutrition, and Program topics as part of your agreement with Wildwood. If you have not already done so, please complete your training by September 2019. If you prefer paper courses, let us know & we'll mail them to you.

[Civil Rights Online Training 2019](#)

[Online Nutrition Training 2019](#)

[Online Program Training 2019](#)

Colorado training is due by December. These links are for all Wildwood providers. Get your training done early to reduce stress later in the year.



CLAIMS

CORNER

We want you to receive the most money you can each month. Claims Corner has useful reminders and hints to help you do just that.

- As school resumes for students, please add start dates and/or school out dates to each child's calendar in KidKare.
- Updated Kindergarten forms are ready for you for 2019-2020 school year. Download this form from www.wildwoodonline.org under "News" and then "Forms and Documents for Homes"
- For prompt payment of your claim, please ensure your paperwork reaches our office by the 5th of each month. Late claims will be processed and paid with the next month because we can only request funds from the state once per month.

***The last day we can receive original June claims for processing is August 25, 2019.**

***The last day we can receive original July claims for processing is September 25, 2019.**



Field Representative for Casper, WY area

If you're interested in becoming part of the Wildwood team, send your resume' to kati@wildwoodcacfp.org

The person hired for this position will be responsible for monitoring sites in and around the Casper area.

Yogurt Sugar Limits Handout

As of October 1, 2019, yogurt served must not have more than 23 grams of sugar per 6 ounce serving. Use this chart to check your favorite brand or find yogurt that is CACFP Creditable.

SERVING SIZE OUNCES (OZ)	SERVING SIZE GRAMS (G) <small>(Use when serving size is not listed in ounces)</small>	SUGARS
If the serving size is:		Sugars cannot be more than:
2.25 oz	64 grams	9 grams
3.5 oz	99 grams	13 grams
4 oz	113 grams	15 grams
5.3 oz	150 grams	20 grams
6 oz	170 grams	23 grams
8 oz	227 grams	31 grams

Colorado: Adams County home providers

Adams County has a new claim processor at Wildwood. Megan LaRosa has added Adams county to her caseload and is happy to help with claim questions or concerns. Providers in Adams, Arapahoe, Denver, Douglas, Jefferson County can email forms to Megan directly megan@wildwoodcacfp.org

Please Pass the Peas – Training Workshop

We have a NEW Wildwood Workshop ready for your group: Please Pass the Peas; Strategies for Working with Picky Eaters

This interactive, workshop covers 2 hours of training (1 hour Social Emotional & 1 hour Nutrition) Call to see when and where we can schedule a session near you.

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http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.