



Cool off with Water Play

During the heat of summer, buckets, bins, or bottles filled with water create a fun way to cool off.

- Kids can float, swim or wash toys in cool water to enjoy a tactile, yet fun, learning experience.
- Inexpensive Sponges can be cut (by an adult) into various shapes to create water stamps.
- Spray bottles offer a fun way for kids to squirt letters, numbers or shapes on the sidewalk, Children can practice spelling their name, or draw a picture.
- Create or search for items that float to create miniature boats: foam blocks, plastic cups, empty juice boxes, folded paper boats, plastic toys, etc.
- Add a few drops of soap for tons of bubble fun.
- Add ice cubes! Guess how long it will take the ice to melt, watch the shape of the pieces change over time, and feel how slippery and cold the ice is.
- Pool Noodles can be cut (by an adult) to create sorting, stacking, floating fun.

Reminder children can drown in a small amount of water and must be supervised at all times.



Feeding Infants in the CACFP

CACFP Infant meal patterns allow flexibility to feed each infant based on his or her developmentally readiness, ensuring babies get the nutrients they need to be healthy.

CACFP Infant meal patterns have two age groups, 0-5 months and 6-11 months.

Serve solid foods once the parent tells you the baby is developmentally ready and eating solid foods at home. Many, but not all, babies show signs that they are developmentally ready for solid foods at around 6 months of age.

The range of portion sizes (0-4 Tablespoons) for solid foods in the infant meal pattern show that all babies are not developmentally ready to eat solids foods at the same time. The range of portion sizes, starting at 0, supports the gradual introduction of solid foods. Once a baby has been introduced to a food, the provider would offer the baby the full amount.

Infant meal patterns include food components and amounts that must be offered to the baby for a meal or snack to be reimbursed under the CACFP. The baby does not have to eat all of the food offered in order for the meal or snack to be reimbursed.

Babies should be fed when they show signs of hunger instead of on a set schedule. Infant meals can be reimbursed as long as the required components are offered while in care.

Talking often with parents of babies can help providers to know when the baby is ready for solid foods.

Source: USDA Feeding Infants in the Child and Adult Care Food Program publication, copyright March 2019.



CLAIMS

CORNER

Claims Corner has reminders to help providers receive the most money possible each month.

- Each child's enrollment form is good for 1 year, at which time the provider should ask the parent to complete an updated form. So that Wildwood can reimburse for meals of children whose enrollment has expired without a delay, please ensure new or updated child enrollments forms are received by Wildwood by the 25th of the month. This allows the data to be entered in *KidKare* before processing the claim.

- When a child does not have an updated enrollment form on file, the child will "fall-off" disappear from the roster near the end of the month. If you notice a child has disappeared from your roster, please do not re-add the missing child in *KidKare*. Instead, call the Colorado office to let us know the child's name. We can re-activate the child until an updated enrollment form is received.

- Menus and attendance must be recorded on the day of service. When using *KidKare*, please enter your meal details daily. This allows field representatives to review the records prior to a site review. Any records that are not entered online using *KidKare* must be recorded on paper and kept for the required period of 3 years and 4 months to meet USDA requirements.

- Kindergarten forms for the 2022-2023 school year are available on Wildwood's website. When completing the kinder form, list any child who is eligible to attend school (5 years or older). Include which school is attended and whether the child will attend school in-person or virtually (online). If an eligible child will not be attending school, that information is used to ensure reimbursed for meals served during the school day. Note: Wildwood does not need Pre-K children listed.

- Note: When sending, emailing, or faxing documentation to Wildwood, please ensure the provider and/or child's names are clearly stated.

***The last day Wildwood can receive original WY & CO June claims for processing is August 23, 2022.**

***The last day Wildwood can receive original WY & CO July claims for processing is September 23, 2022.**

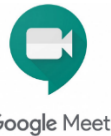
Keep Kids Fed Act

With the passing of the Keep Kids Fed Act, Tier 1 reimbursement rates have been extended for all licensed, home providers participating in the Child and Adult Care Food Program for enrolled children (with the exception of the provider's own) until June 30, 2023.

In addition, the Keep Kids Fed Act stipulates 10 cents more than the usual reimbursement for each meal and snack (maximum of 2 meals and 1 snack per day) to help offset rising food costs. Wildwood is awaiting guidance from USDA before implementing this change.



**Unannounced
Virtual Visits**



Wildwood will continue to use virtual visits instead of in-person home reviews. Wildwood staff are moving to unannounced virtual reviews whenever possible. If a Wildwood representative telephones or attempts a virtual meeting for a meal observation, it is important to answer the call or get back to them quickly. Virtual visits allow the monitor to "see" the meal being served, children present, and that paperwork is up to date.

After a review, please submit supporting documentation (Sign-In sheets, meal attendance records, and menus) promptly to avoid a delay or deduction on your claim.

CACFP Reimbursement rate are updated annually by USDA. Rate are effective July 1 through June 30. Home Rates: Breakfast \$1.66, Lunch \$3.04, Snack \$0.97.

2022 Training deadline is approaching

Please complete your training by Sept 2022.

FREE ONLINE TRAINING, PASSWORD: milk2014

This institution is an equal opportunity provider.

AUGUST



Learn It

Kids love to assist in the kitchen. What jobs can they have? This depends on everyone's individual ability, but start with these tasks: ask them to help measure and add ingredients, press the start and stop buttons on timers, mix ingredients, hand ingredients to the chef, rinse the veggies, name and count the food as the chef prepares all of the ingredients, cut soft food, crack eggs, and set or clean the table. You can show the children how much fun it can be in the kitchen with special cooking music and even pretending like it is your own cooking show all for them.

Eat It Baked Fish Nuggets

1 lb tilapia, cut into nuggets
1 egg
1/2 cup bread crumbs
Seasoning



In small bowl, mix egg and seasoning together. Place bread crumbs in separate container. Dip the fish nuggets into egg and then bread crumbs. Lay on lined or buttered baking sheet and spray pieces lightly with olive oil cooking spray. Bake for 15-20 minutes at 350° F. Split nuggets evenly between six kids.

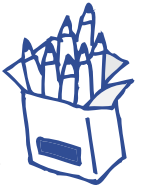


Play It Turtle Eggs

Gather enough plastic eggs to have one per child. Try to have a different color per child or groups of colors split evenly. In each egg, place an action word: running in place, marching in place, jumping jacks, bear crawls, crab walk, etc. The children will stand in a circle and pass their egg while the music plays. When the music stops, they will freeze. Call out a color. The child with that color will tell everyone what the action is and everyone has to do that action. If you have multiple children with the same color, choose one or do all. After the action, come back to the circle and pass the eggs again.

Create It Ocean Slime

Place corn starch into a mixing bowl. The amount will vary depending on how much you would like to make. Food coloring can be added. Slowly add water and mix with hands until the mixture is smooth and you have reached your desired consistency. This is a great science project teaching both properties of liquids and solids!



Read It

Kitchen Dance by Maurie J. Manning
Lenny Has Lunch by Ken Wilson-Max

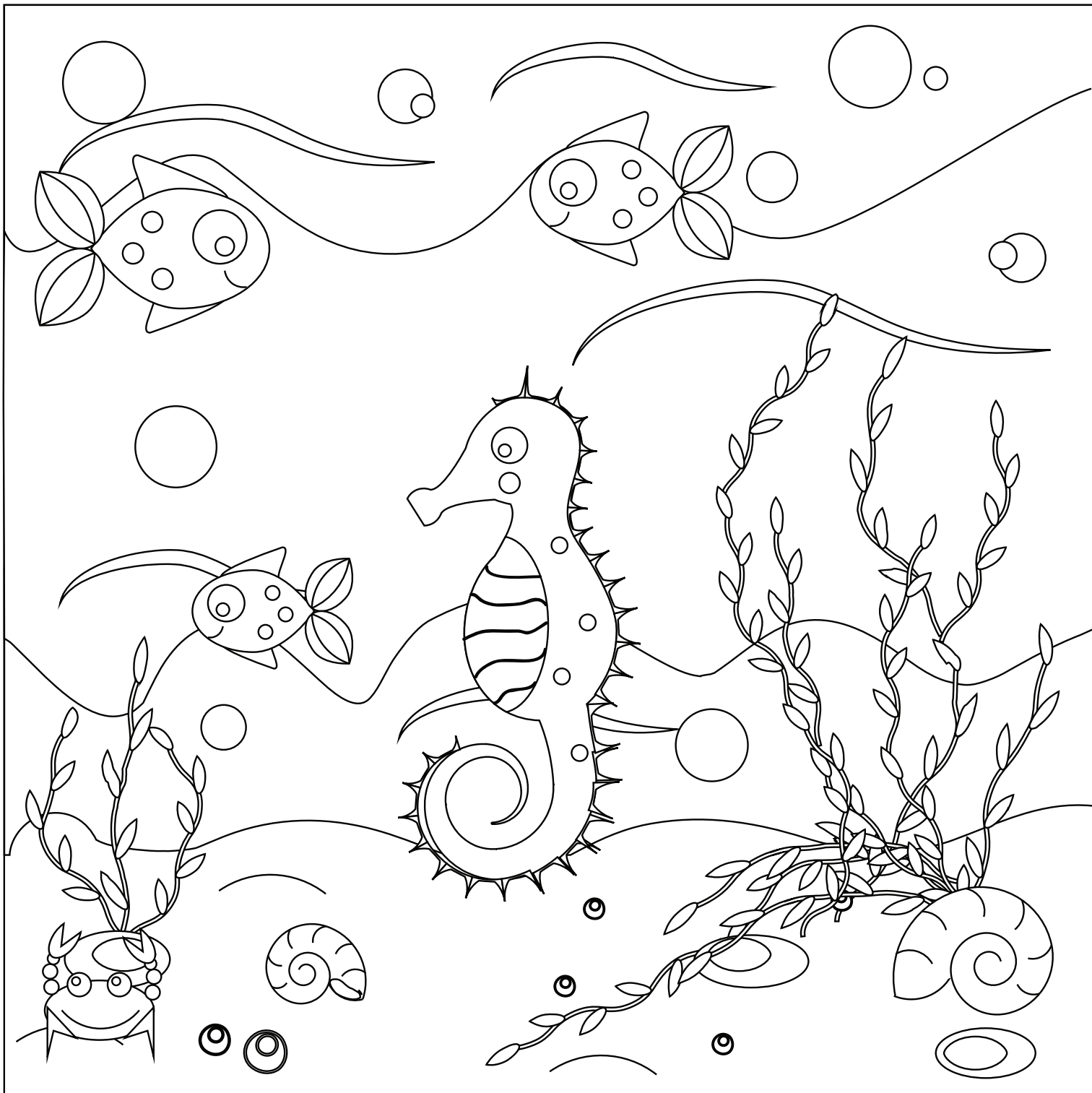
My Little Busy Day: Cooking With You/Cocino contigo by Ellen Whisenant
Commotion in the Ocean by Giles Andreae, Illustrated by David Wotjowycz
Over in the Ocean: In a Coral Reef by Marianne Berkes, Illustrated by Jeanette Canyon
Pete the Cat: Scuba Cat by James Dean and Kimberly Dean
The Rainbow Fish by Marcus Pfister and J. Alison James



Name _____

Under the Sea

Color in the underwater scene. What can you find in the picture?



Parent Provider Connections – August 2022

DEEP SEA PRINTING

Paint the palms and 4 fingers (not the thumb) of your children and help them stamp them onto a blue sheet of paper. Once the paint dries, turn the fingers pointing downward to become the tentacles of the jellyfish. Add googly eyes and let the children decorate their ocean scene.

SHARK ATTACK!

This is a fun twist on Hide-n-Seek. One child will be designated the shark and while the shark counts, the fish will hide. When the shark finishes counting, they yell "Shark attack!" Then all the fish try to swim to the safe spot without being caught by the shark.

HEALTHY COOKING

Frying by submerging food in fat to cook is not allowed in the CACFP. Instead try these healthier alternatives: roast, bake, broil, sauté, pan fry, stir fry, or grill. You can put healthy twists on classics like Oven Roasted Potatoes and Mashed Potatoes instead of French Fries.

CORAL CAULIFLOWER

2 lbs cauliflower, trimmed and steamed
Cheddar cheese
Butter
Salt and pepper
Steam the cauliflower and sprinkle Cheddar cheese over the top. Add desired seasonings and butter for flavor.

#CACFPCreditable



cacfp.org

You can't stop
the waves,
but you can ride them.

