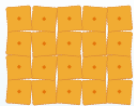


## Grain Component Crediting is changing from “Servings” to “Ounce Equivalents” beginning October 1, 2021

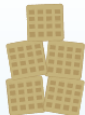
How Much Is 1 Ounce Equivalent?



20 cheese crackers  
(1" by 1") = 1 oz. eq.



12 thin wheat crackers  
(1 1/4" by 1 1/4") = 1 oz. eq.



5 woven whole-wheat crackers  
(1 1/2" by 1 1/2") = 1 oz. eq.

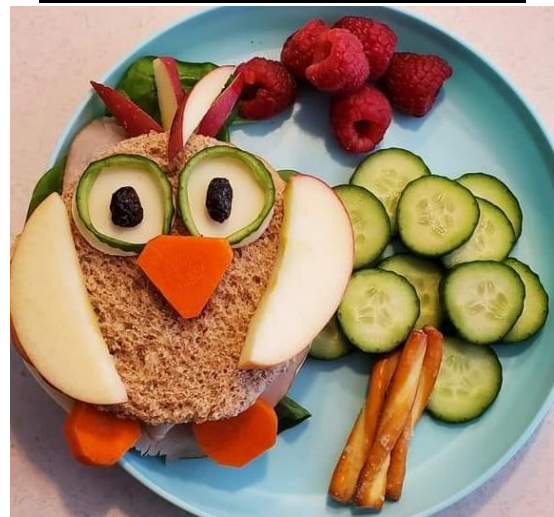
Grains are an important part of meals in the Child and Adult Care Food Program (CACFP). To ensure participants are getting enough grains, USDA is changing the way grain foods are measured in reimbursable meals. It is likely the portion size of grain items that you serve will not change and this is simply a wording change for how grains are measured.

Ounce equivalents measure the amount of grain (often flour) in a food item rather than the total weight of all ingredients. This means that the portion size of some foods may change based on how much grain (flour) the item includes.

A great example of a food that might be impacted by ounce equivalents is a muffin. Before this change the servings size of a muffin, was one piece (or half of a BIG muffin), regardless of how much grain was in the portion. However, consider that a muffin includes many other ingredients besides the grain (flour), like eggs, fruit, sugar and oil. With the change to ounce equivalents, the serving size will be measured based only on the grain (flour) portion of the food item.

The USDA has created many helpful tools to assist providers with the change to ounce equivalents, including a Grain Measuring Chart. Wildwood will introduce a new training course covering this topic September 1<sup>st</sup>, 2021.

## Whooo's ready for a fun lunch?



Photo/Idea Credit: Elisa Leialoha

## HOT Days need COOL Food Ideas

When the temperature is rising, remember to serve some classic summer favorites to stay cool:

Potato salad  
Tuna Salad  
Frozen Fruits  
Sandwiches

Cold Pasta Salad  
Chicken Salad  
Fresh Veggies  
Picnic Style Lunch



These fresh and fun summer meal ideas are from “Little Treasures – Preschool in a Home Environment”. Look them up on Facebook to see more photos for meal & activity inspiration.

Although this recipe has been shared before, it's worth repeating! Make bubbles with straws, whisks, string, or other household items.

### World's Best Bubble Recipe

10 cups water  
1 cup Dawn dish soap with Olay  
1/4 cup glycerin

serving-pink-lemonade.com

For step-by-step directions: visit [www.serving-pink-lemonade.com](http://www.serving-pink-lemonade.com)

### In case you missed the live drawing

### Winners of Wildwood's Tablet give-away

Ruth Aragon, Sherilyn Bidinger, Heather Bruce  
Julie Espinosa, Michelle Jaime, Cristol Lovato  
Margarita Nava, Lea Opitz, Verna Rosso, Cindy Ververs

**Congratulations!**



## CORNER

# CLAIMS

We want you to receive the most money possible each month. Claims Corner has useful reminders and hints to help you do just that.

- When providing care on a holiday, when most programs are closed, please add a note to your claim to let Wildwood know you were open.
- Kindergarten forms for the 2021-2022 school year are available to download on Wildwood's website. For any child who is eligible to attend school (5 year or older) Wildwood needs to know what school is attended and whether the child will attend school in-person or virtually (online). If a child is 5 years old or older and will not be attending school, please let the office know to ensure you can be reimbursed for meals served during the usual school day.

**\*The last day we can receive original WY & CO June claims for processing is August 23, 2021.**

**\*The last day we can receive original WY & CO July claims for processing is Sept 24, 2021.**

### Tier 1 Rate for all Home Providers

All licensed home providers participating in the Child and Adult Care Food Program will receive Tier 1 reimbursement rates for all enrolled children (with the exception of the provider own) beginning July 1, 2021, and through June 30, 2022.

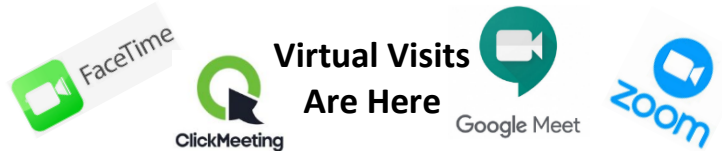
If you know providers who are not on the food program and could use a boost to their income, please encourage them to sign-up.

### Training deadline is Sept 2021

The 2021 training deadline has been adjusted to align Colorado and Wyoming home providers participating on the food program. Please complete all required training topics by September. If you prefer to do training manually and have not received paper copies, please call the office and we'll mail them out right away. 303-730-0460

- [2021 Civil Rights Training](#)
- [2021 Program Training](#)
- [2021 Nutrition Training](#)

Topics required annually are Civil Rights, Nutrition, and Program (Professionalism) Training. All of these and more are available online at [www.wildwoodonline.org](http://www.wildwoodonline.org).



Due to the extended national health emergency, Wildwood will be introducing Virtual Visits for all providers. The virtual visit allows the monitor to "see" the meal being served, the children present, and to verify that paperwork is up to date. Although there will be a learning curve with this technology, our staff will work with you to determine the best option based on the type of device you have available. In rare instances that technology is not available, Wildwood has the option to do a porch review. Two of the next three reviews for each program will be done using a virtual platform. The USDA has extended the waiver for on-site reviews until 30 days after the end of the National Health Emergency.

### **DID YOU KNOW???**

Your monthly food program reimbursement can be deposited directly into your bank account. Using Direct Deposit gets the money to you sooner and avoids lost or delayed mail. To switch to direct deposit, take a photo of a check or deposit slip and email it to [kati@wildwoodcacfp.org](mailto:kati@wildwoodcacfp.org).

### **USDA Nondiscrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, Its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.