



## Grow It, Try It, Like It!

Team Nutrition's popular Grow It, Try It, Like It! nutrition education materials have been updated and customized for use by family child care

homes! This resource is filled with garden-themed activities for children ages 3 through 5, with tips on how to include older children in the learning as well. This version of Grow It, Try It, Like It! also includes new posters, fruit and vegetable cards, and recipes.

If you prefer to use online tools, or want to share this resource with others, it can be downloaded from: <https://www.fns.usda.gov/tn/grow-it-homes>

**April is a great time to start indoor seeds and plan outdoor growing activities with the children.**

### The Vegetable Song

Sung to the tune of Twinkle, Twinkle Little Star

Carrots, peas, and broccoli,  
Vegetables are good for me.  
For my snack and in my lunch,  
Veggie sticks are great to munch.  
Carrots, peas, and broccoli,  
Vegetables are good for me!



### Resources from National CACFP 2020 Circus Acts: Lessons for Life Calendar

[April Parent Connections Link](#)  
[April Circus Acts Child Activities Link](#)  
[Monthly Motivation Poster Link](#)

Visit [www.CACFP.org](http://www.CACFP.org) for more resources

## Fun Springtime Activities

Help your kiddos find and paint smooth, round/oval rocks to decorate the garden. If using water soluble paints, you can seal the finished product with varnish or shellac. (Do not varnish/shellac indoors or with children present due to strong odor and safety concerns.)



### Growing Grass in the Classroom

In small plastic cups or eggshells, help children to plant some grass or other inexpensive seeds. If you choose grass seed, kids can put a face on the cup/shell before planting, and when the grass grows, they can give it a haircut.



### Flower Forks and Fingers

Use finger paints to create a spring garden. Use plastic forks to stamp/print the flower buds, then have children add stems and or leaves with their fingers.





## CLAIMS

## CORNER

We want you to receive the most money you can each month. Claims Corner has useful reminders and hints to help you do just that.

- Did you know that not all cheese products can be claimed on the CACFP? Cheese products labeled as “cheese food”, “cheese spread”, or “cheese product” cannot be used to meet the meal pattern requirements. Real, hard cheeses, like cheddar, Monterey jack or parmesan, whether in cubed, sliced or shredded form CAN be used to satisfy the meat, meat/alternate meal component. Cottage cheese is creditable but requires a double size serving which may be an unrealistic amount for a child to eat.

Non creditable cheese items: Velveeta, Kraft Singles or other individually wrapped, processed American cheese slices, Cheez Whiz, Nacho cheese, Easy Cheese.

Reminder that macaroni and cheese must include a full serving of real cheese to be claimed in the food program as a meat/meat alternate food. Commercially produced varieties do not include enough cheese to be claimed unless extra cheese is added. Macaroni/pasta can be claimed as the bread/grain food component regardless of the type or amount of cheese used.

**\*The last day we can receive original February claims for processing is April 24, 2019.**

**\*The last day we can receive original March claims for processing is May 22, 2019.**

**Referral Bonus!** Do you know providers who are not participating in the food program? Help us make a connection by sharing your positive experience and referring them to your field representative or the Wildwood office. After your referral joins Wildwood and submits their first claim, you will receive your choice of 2 hours of training from our PAID courses as a Bonus. Together we help small businesses!

### How to see CACFP Payments for Income Tax Reporting

1. Log in to your KidKare account
2. Select Reports from the options at the top
3. Choose Claim Statements from the list
4. Click on Tax Report to see your yearly details

### Standard Precautions Training Discount

To reward our actively claiming providers on the Wildwood Food Program, we are offering a special 50% discount on Standard Precautions training for 2020. Standard Precautions training is required for all Colorado providers annually.

To take advantage of this offer, call the office and ask for the ½ price special. We'll help place your order at the discounted price. This offer is only valid for child care providers participating on the Wildwood Food Program.



### USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, Its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:

[http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.