

April SHOWERS BRING May FLOWERS

Spring Craft Idea's



It's amazing what you can do with muffin liners, buttons, pipe cleaners, and glue.

Healthy & Fun Snacks Ideas



Whole-Grain Rich Training Workshops

Thermopolis, WY – Tuesday, March 19 6:30-8:00pm
Thermopolis Middle School Library

Colorado Springs, CO - Tuesday, April 2nd 6:00-7:30pm
El Paso Co Gov't Bldg. 1675 Garden of the Gods Rd.

Hudson, WY – Wednesday, April 10th 6:30-8:00pm
Hudson Town Hall 333 S Main Street (Originally scheduled March 13, postponed due to weather.)

Broomfield, CO Wednesday, April 10th 6:30-8:15pm
Garden Center Building #6 (off Midway and US 287)

Tools & Resources from CACFP Community Helpers Calendar

[Worksheet and Activity Pages Link](#)
[April Parent Connections Link](#)
[April Motivational Poster Link](#)

Let us know if you'd like to sign-up to receive links to these resources by email each month.

Training Modules 1-5 from CACFP can now be found on the Wildwood Training Page.

Colorado Training Opportunity



Cooking Matters Colorado has programs designed for child care providers?

These programs positively impact the health of your crew by teaching you about healthy cooking?

Modules are listed below.

MODULE	TOPIC COVERED
One	Encouraging Positive Mealtime Attitudes
Two	Safe Cooking With Confidence
Three	Choosing Healthy Foods For Kids
Four	Meals That Appeal To Kids
Five	Menu Management On A Budget & Partnering With Parents

Connect with Cooking Matters Program in your area by contacting the following:
Northern CO: Heather Aguilar 303-801-0319
Southern CO; Ally Lee 303-801-0321



CLAIMS

We want you to receive the most money you can each month. Claims Corner has useful reminders and hints to help you do just that.

CORNER

To guarantee on-time payment, your claim is due by the 5th of the month. If you struggle to get your claim in by the 5th, we recommend online claiming or priority mail as alternate options.

We are seeing **cream cheese** on menus as a food component. Cream Cheese is considered a condiment in CACFP meal patterns, so you do not need to include it on your menus. Although you may use cream cheese, it is similar to ketchup, mustard, or ranch dressing and is not creditable under the food program.

Please be sure to **mark school-age children out-of-school** when they are in your care during the school day or send us a school calendar.

The last day we can receive original February claims for processing is APRIL 25, 2019.

The last day we can receive original March claims for processing is May 25, 2019.

Wyoming providers can expect to receive Direct Deposit or have their check mailed by the 20th of each month.

Colorado providers can expect to receive Direct Deposit or have their check mailed on the first of each month.

New Meal Pattern Reminder:

Just a reminder that **sweets** are not creditable under the new meal patterns. If you choose to serve cookies, cake, cupcakes, toaster pastries, cereal bars, or Danish, those food are not reimbursable.

Creditable items that you might consider instead: muffins, banana bread or other fruit bread, or biscuits. Try the delicious whole grain rich banana bread recipe below.

Delicious WGR Banana-Blueberry Bread

3 over-ripe bananas	1 cup + 1 Tbsp Oats
1 cup granulated sugar	1 cup flour
½ cup vegetable oil	½ tsp Baking Soda
2 eggs	1½ tsp baking powder
1Tbsp vanilla	½ tsp salt
3 Tbsp milk	½ c. ground walnuts
½ cup blueberries	

Preheat oven to 350 degrees

Mix together bananas, sugar, oil and nuts. Add in eggs, vanilla and milk and stir well. Next, combine all remaining powdered ingredients and mix with wet ingredients until well blended. Pour mixture into grease pan(s). Finally, top with blueberries and gently poke them into the batter with your finger.

Depending on the size of pan, bake as directed.

1 large loaf pan = bake 45-60 minutes
4 mini-loaf pans = bake 30-45 minutes
8 micro loaf pans = 20-35 minutes

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