# Wildwood at home January 2015

800-223-0557 / 303-730-0460

www.wildwoodonline.org



## **PRESIDENT'S MESSAGE**

# Happy New Year!



This is the time of year that we all list our new year's resolutions and we have some ideas, suggestions and recommendations!

1. Complete the required one hour of program training and one hour of nutrition training required each calendar year. If you haven't completed this for 2014, please contact your Field Rep immediately. This is a program requirement and there is no wiggle room! During this trimester of visits, your Field Rep will be giving you one hour of program training and one hour of nutrition training. You can also go online, read the course, take the test and be done with your food program training for the year! To access the training on line go to:

http://www.wildwoodonline.org/food-program-online-training.html

This area is password protected, so if you are a Wildwood provider, please call your Field Rep or our office to recieve your password. You now have access to lots of free training.

- 2. Start planning a spring garden with the children. When the children are a part of the process planting, watering, picking and cooking they are far more apt to try these foods. You can start working with the children to decide what will be planted and when it should be started. Is there something that you can plant inside using egg cartons and then transplant them to your outdoor garden? A great site for ideas is: <a href="https://www.garden.org">www.garden.org</a>
- 3. Plan for physical activity. The Center for Disease Control, Let's Move Child Care Program, recommends one to two hours of physical activity every day. From birth through age 5, kids' bodies are growing every day, in every way. Being physically active improves children's overall health. When they move, kids just feel good. Be a role model and "play" with the kids. The Let's Move Child Care Program has a website with terrific ideas check it out:

http://www.healthykidshealthyfuture.org/home/activities.html

With just these three resolutions, you will be off to a great start for 2015. Please let us know about your successes and any words of wisdom. Email us at info@wildwoodcacfp.org or find Wildwood CACFP on Facebook!

# Kati Wagner



Just a reminder for our southern providers:
Your new representative,

Casey Garnier, can be reached at: casey@wildwoodcacfp.org 877-495-6124 toll free 719-459-9436

### **CLAIMS CORNER**

If your license was due for renewal in December, Wildwood must have a copy of the license with the 2015 sticker attached before we can request funds to pay your claim. Please mail, email or fax a copy to the office. Watch for your continuation notice to arrive in the mail and act on it as soon as possible.

Providers who move: Please double check your license when you receive it in the mail. The License Effective Date needs to be in the month and year that your new home was approved for a license. We are seeing effective dates from several years ago on the new license. These are incorrect. You need to contact the State Licensing Office to have this corrected on your license and a new license sent to you.

If your daycare is open on Christmas Day please document that you are open & doing daycare on this holiday. Let us know about all school closures. Also, please remember that if you serve cranberry sauce it needs to be either Whole Cranberry Sauce or Homemade. This needs to be documented on the menus.

**WEB Claiming Providers:** Remember that when you serve Pizza you cannot count pizza sauce, tomato sauce or spaghetti sauce as the only vegetable on the pizza. Claim an unrelated vegetable (such as celery, carrots, green beans, etc) or a fruit.

Holly is very excited that she has made the decision to retire! Holly was with Wildwood for over 11 years with a short stint in between up in Washington. It is with sadness for us and excitement for Holly, that she moves on to a life without Wildwood! Ginny Clark, has moved into the Processing Department to continue her training as a Coordinator. Please join me in congratulating Holly and welcoming Ginny!

#### **Director of Processing**

Sue Crenner 303-707-4228 sue@wildwoodcacfp.org

#### **Claims Coordinator**

Ginny Clark 303-707-4226 ginny@wildwoodcacfp.org

#### **Claims Processor**

Kristen Britton 303-707-4225 kristen@wildwoodcacfp.org



Have you checked out the Wildwood Facebook? We have recipes, activities and some great information. Find us, like us and keep an eye on us. We will be running contests and you won't want to miss out! You can find our page at <a href="https://www.facebook.com/wildwoodcacfp">www.facebook.com/wildwoodcacfp</a>

#### ~ Wildwood Resources Update ~

Need some extra hours? It's now easier than ever to get all of your continuing education credits! Wildwood Resources is pleased to announce that our correspondence courses are now available as online training courses! Check out our updated store <a href="www.wildwoodonline.org/store">www.wildwoodonline.org/store</a>
Go explore and let us know what you think!

The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs, the first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for applicants and recipients of the Child Nutrition Programs.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).